

Free

# ADVANCE DIRECTIVE WORKSHOP

Get your Advance Directive filled out during our meeting - at the **Medford Library**.

Helping you to talk with loved ones about your wishes and choose a person to make your healthcare decision if you are unable to.



## Covering:

- ✓ Legal documents
- ✓ POLST vs Advance Directive
- ✓ Final dispositions (AMAZING!)
- ✓ Create your own!

## Why now?

Truthfully, **EVERYONE** should have an Advance Directive, no matter your age. This document gives you control of what you want to happen if you cannot speak for yourself.

# Wednesday, December 6 @ 1:00 PM

*The Advance Directive is a set of instructions that expresses a person's health care wishes if they were ever in the hospital and unable to speak for themselves. Advance Care Planning tells the medical team what the patient's medical wishes are. While this document can feel overwhelming, this workshop will attempt to make the confusing feel more understandable.*

Co-hosted by:



Oregon  
Older Adult Behavioral Health Initiative

## Contact Us:



541-415-1288



[www.teamseior.org](http://www.teamseior.org)



Workshop located at:  
Medford Library

205 S Central Ave, Medford, OR